

PORT MACQUARIE PUBLIC SCHOOL



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NEWSLETTER AS AT 09/11/2018

WHAT'S ON

DATE	ACTIVITY
13/11/2018	SUPPORTED LEARNING LITTLE DOLPHINS - 9-12pm
15/11/2018	BIG DAY OUT - K-2 - TOWN BEACH - 9.30-11.00am
16/11/2018	BOARDIES DAY - SURF LIFESAVING TALK - 9-11am
20/11/2018	SUPPORTED LEARNING LITTLE DOLPHINS - 9-12pm
22/11/2018	LITTLE DOLPHINS THURSDAY GROUP - LAST SESSION
23/11/2018	LITTLE DOLPHINS FRIDAY GROUP - LAST SESSION
29/11/2018	KINDERGARTEN 2019 ORIENTATION - PARENTS & CHILDREN - DAY 1 SCHOOL HALL - 9.00am (for a 9.15am start) - 11am
30/11/2018	KINDERGARTEN 2019 ORIENTATION - CHILDREN ONLY - DAY 2 KINDERGARTEN CLASSROOM - 9.00am -11.00am
3/12/2018	'RUSS THE STORY BUS' TRAVELLING LIBRARY VISIT
3/12/2018	P&C MEETING - STAFFROOM - 6.30pm ALL WELCOME
4/12/2018	YEAR 6 ORIENTATION TO HIGH SCHOOL
6/12/2018	KINDERGARTEN 2018 and LITTLE DOLPHINS GRADUATION - SCHOOL HALL
6/12/2018	YEAR 3 STARGAZERS' CAMP - SCHOOL OVAL
12/12/2018	PRESENTATION DAY - HASTINGS SECONDARY COLLEGE, PORT CAMPUS - 9.30am
13/12/2018	YEAR 6 GRADUATION DINNER - PORT MACQUARIE RACECOURSE - see note for details
14/12/2018	PORT IDOL - SCHOOL HALL
18/12/2018	K-2 PARTY DAY - MAJESTIC CINEMAS - THE GRINCH
18/12/2018	3-4 PARTY DAY - MAJESTIC CINEMAS - STORM BOY
Keep informed, regularly check our website: www.portmac-p.school.nsw.edu.au	

ITEMS DUE

DUE DATE	ACTIVITY
12/11/2018 POP before 6pm 13/11/2018 CLASS TEACHER	YEAR 3 STARGAZERS' CAMP
19/11/2018 POP before 6pm 20/11/2018 CLASS TEACHER	YEAR 6 GRADUATION BALL/BEAR
19/11/2018 POP before 6pm 20/11/2018 CLASS TEACHER	YEAR 6 GRADUATION DINNER
04/12/2018 POP before 6pm 03/12/2018 CLASS TEACHER	K-2 PARTY DAY
04/12/2018 POP before 6pm 03/12/2018 CLASS TEACHER	3-4 PARTY DAY

VALUES AWARD WINNERS

We are proud of you!!

Lachlan, Shiara, Brock, Connor, Imogen, Lily, Thomas, Braith, Charlie



From the Principal's desk.....



Thanks to our P&C

Our P&C have worked tirelessly throughout 2018 in providing extra opportunities for our students. Our Halloween Disco on Friday night was a huge success with students having a great time dressing up and dancing with their friends. Thanks to all P&C members and staff- we appreciate your ongoing efforts and commitment.

Swimming

Students have been having a great time over the past week two weeks participating in our annual school swimming scheme. It has been lovely to see them returning from their lessons with big smiles on their faces and with stories to tell of their latest achievements in the pool. A big thanks to the staff who have organised and supported our students over these two weeks.

Welcome to our new families

It has been a pleasure to welcome many new families to our school over the past few weeks. We wish you a settled and positive start at Port Macquarie Public School and look forward to supporting you in your educational journey.

A Busy Term

Term four is always a busy term and the next six weeks will not be an exception. Staff are busy planning great opportunities for our students including camps, party days, Year Six Graduation, Presentation Day and transition programs. We thank all staff for your tireless dedication to ensuring our students have every opportunity to thrive and be successful at our school.

Students - Stay on Track

I ask all parents to remind students of the need to maintain positive behaviours as we approach the end of the year. With so many wonderful privileges being planned it would be a shame for any of our students to miss out due to making poor choices in the classroom or playground.

2018 Planning

Staff are currently planning for classing structures for 2019. If you know that you will be leaving our school next year or you know of others who will be joining us, please inform our administration officers as soon as possible.

Regards

Angela Joyce
Acting Principal

HONOUR AND PRIDE
MERIT AWARDS FOR OUR STUDENT 'STARS'



Early Stage 1 and Stage 1

Zali, Mason, Zach, Braxton, Indiana, Mia-Rose, Lucas, Samuel, Natalia, Riley, Landon, Sofia, Oska, Frankie, Alina, Liam, Dakota, Liam, Levi, Amelia, Larry, Isabella, Eliana, Jack, Tayah, Tyler, Delilah, Archie

Principal's Awards

Dallas, Ky, Liam, Aaron, Hudson, Lacey, Charley-Jane, Adan, Harper, Zach, Jaxon, Levi, Katana, Ryan, Ester, Kaylee, Thea, Michael, Aimee, Skye, Tyler, Tate, Kayden, Samuel, Zavier, Bonn-Scott, Millie, Tayesha, Imogen, Jack, Caius, Larry, Steven, Laticia, Ingrid, Grace, Alina, Reef, Brock, Havarna, Dakota, Liam, Eve, Aiden, Aayan

Nominations for Star of the Assembly

Marcus, Shania, Cade, Mike-Jai, Jaxon, Kane, Montana, Brock, Katana, Thomas, Harmony, Natalia, Sofia, Amelia, Charlie

Star of the Assembly Winner

Brock

Stage 2

Axel, Matehya-Le, Kieran, Saxon, Isabelle, Uriah, Penny, Kynan, Maaz, Mia, Aashi, Allira

Principal's Awards

Charlie, Raphaella, Caleb, Izabella, Kira

Special Awards

Charlie, Ailayna, Mason, Imogen, Abbi, Millie, Isabelle, Bonny, Tamelie, Allira, Kira, Matthew, Jack

Nominations for Star of the Assembly

Kyiwana, Zac, Kahel, Braith, Tamelie, Clover-Lily, Melody, Caleb

Star of the Assembly Winners

Braith, Clover-Lily

Stage 3

Zackory, Yooringa, Deacon, Isaac, Alex, Madison, Sunny, Nicalah, Jye-Ricky, Lachlan, Max, William, Daniel, Isabella, Robert, Summa, Cooper, Chelsea

Special Awards

Lachlan, Makaylah, Angus, Brodie, Nikolas

Nominations for Star of the Assembly

Jerry, Alex, Jak, Amelia, Chelsea, Gabrielle, Kaitlin, Nathan, Blake, Anika, Kaleb, Benjamin, Blade

Star of the Assembly Winner

Amelia, Blade

P&C HALLOWEEN DISCO



Alex



Meleah



Hayley



Mason

The P&C held their annual Halloween Disco last Friday night, it was fantastic to see our students having such a great time, dressed up as zombies, skeletons, devils, witches, bats and so much more. A big thank you to all teachers and parents/carers that helped make the evening possible.

With a big shout out to Miss Stott and Mrs Maher for doing such a great job of running the Junior and Senior Discos, also a big thank you to Mr Green for being our DJ and playing great music on the night. We raised just over \$1500 for our school which will go towards spare clothes and new toys for our Kindy kids and pay for half of the Year 6 Graduation Books.



Aaliyah, Isabella & Janae



Ella, Taylor, Aleyna & Jayda



Patrick



Indiana & Harper



Tayesha, Ms Wood & Hayley



Jack



Adan



Connor & Mr Sarno



Katie



Mrs Barnett & Skyla



Eliana



Charley-Jane, Delilah & Lacey



Kodi



William & Brock



Kira & Dallas



Charlee



Riley



Otto



Mikayla & Abbi



Jaxon



Lynkon



Mrs Jenner & Montana



Alex



Noah & Oliver



Susie



Holly, Summer, Allira & Lucy



Arthur





Katie & Lacey



Zach, Adan & Havarna



Mrs Jenner



Issac

PSSA State Athletics

Congratulations to Tiarni Zerafa, Chelsea Gardner- Hodder and Daiton Nicholls who recently competed at the NSW PSSA State Athletics Carnival All three students represented the North Coast and Port Macquarie Public school admirably.



Chelsea, Daiton & Tiarni

Thanks to the parents of 1/2 MR who have sent in items to help us get our class garden started. Also thanks to Michael and Nathan from 5/6EC who helped share their gardening expertise whilst working with our class.



1/2 MR



WOW

CONGRATULATIONS

Michael Tompsett in 3-4 YM attended Cheerbrandz Nationals in Sydney on the 3rd of November, his team SHOCKWAVE achieved ZERO DEDUCTIONS again and placed 1st.

HELP US WITH OUR STAGE 1 MATHS RESOURCES



There are currently lots of great ideas going around to use the Coles Little Shop mini figures to make up group maths resources/activities. We are currently trying to make some of these resources up and require any 'doubles' or 'left over' Coles minis that people are willing to donate.

Send any spares in to Mrs Rosenbaum ASAP

Your help will be really appreciated!!



YEAR 7 SCHOLARSHIPS

Hastings Secondary College are now accepting applications for our Year 7 scholarship program and we'd encourage you to apply!

Four (4) scholarships at each campus are available to incoming 2019 Year 7 students for excellence in Academic, Sporting, Cultural or Community Involvement.

Closing: 3pm Monday 19 November 2019.

Apply by following the link

<http://www.hastingssecondarycollege.schools.nsw.edu.au/news-and-events/2019-year-7-scholarships>



JUMP

DANCE CLUB

DANCERS OF THE WEEK



Anneliese



Natalia

Boardies Day will be held on Friday the 16th November this year and the SRT have been busy organising lots of fun activities. Starting on Monday the 12th of November the SRT will be selling Mini Raspberry Calippos from the canteen at recess for \$1 each. They will be on sale each recess during week 5 unless sold out earlier. All profits will go to our local surf life savers. Thanks for your support



CHRISTMAS CONCERT

TUESDAY 27TH NOVEMBER 2018

TICKETS: \$.5.00 TIME: 10 AM

Hastings Koala Orchestra, Sing Australia
Port Macquarie Public School, Extravadance,
St. Joseph's School Wauchope
St. Joseph's School Port Macquarie

Proceeds to **ROTARY LODGE** at Base Hospital

PORT MACQUARIE PANTHERS, 1 BAY STREET—6580 2300

COMMUNITY NOTICES

Primary
ETHICS

Become a volunteer ethics teacher

Do something life-changing this year

Teach ethics at your local school



For around an hour a week, you can teach an ethics class at your local school and help children develop skills for life.

Ethics classes support children to develop the skills they need to voice their opinions, consider the ideas of others and to make decisions based on evidence and reasoning rather than habit or peer pressure.

In ethics classes, children discuss ethical issues using an approved curriculum designed for each age group and include topics such as Laziness, Voting, How can we work out what's true? and Imagining how others feel.

Volunteers are needed now to teach ethics classes at a school near you. Training and support is provided.

Only about an hour a week

Find out more at
PrimaryEthics.com.au

Pop in for a tour!

Come explore our magical Early Learning Haven in Port Macquarie. Our team of highly educated staff cannot wait to show you around!



ALL INCLUSIVE FEES



1 Fernhill Road, Port Macquarie NSW 2444 | www.portmacquarieelc.com.au

[facebook.com/portmacquarieelc](https://www.facebook.com/portmacquarieelc) | 02 6581 1451 | welcome@portmacquarieelc.com.au

Go4Fun
Healthy • Active • Happier!

WELCOME TO GO4FUN

Dear parent,

Go4Fun is a healthy lifestyle program for children aged 7 to 13 years, who are above a healthy weight. Best of all it's **absolutely FREE**.

WHEN DOES GO4FUN RUN?

Go4Fun runs for 10 weeks after school or on weekends during the school term, and children attend a fun filled 2 hour session each week with their parent or carer.

WHAT DO WE DO AT GO4FUN?

Every week the children will be involved in fun and interactive games and activities to get their heart rates up and enjoying being active.

Each week you and your child will learn about healthy eating, setting goals, portion sizes, label reading and more. The program also includes a supermarket tour where you get to put everything you've learnt into practice.

START UP PACK

Your child will receive a start-up pack including a:

- Go4Fun backpack,
- Go4Fun t-shirt,
- Go4Fun water bottle, ball and wristbands.

Your child will also earn up to **3 bonus attendance rewards** over the ten Go4Fun sessions.

Parents receive a \$20 fresh fruit and vegetable

voucher for each session you attend, plus a folder full of weekly session information, activities, recipes and more. Plus you will receive a practical Meal Mate cup to help with portion sizes and a Detective Card to help decipher nutrition information on food packaging. Parents receive a report on their child's progress, and health improvements following Go4Fun.



WHAT RESULTS ARE WE LIKELY TO SEE?

Since Go4Fun began in July 2011, we have helped more than 400 children and their families across the Mid North Coast to lead fitter, healthier and happier lives. Our results show that on average, as a result of the program, Go4Fun children now:

- have a reduced waist circumference
- eat more fruit and vegetables each day
- drink less soft drink
- are more active and meet the physical activity guidelines
- spend less time in sedentary activities
- have improved self-esteem.

WHAT DO PAST PARTICIPANTS THINK OF GO4FUN?

"I think by far the reason Chloe did so well in Go4Fun was she was being taught from a source other than me. She was given knowledge and she began to make choices to be healthier. This is a lesson that I believe will last both of us throughout our lives. The leaders made it fun to learn about good nutrition and regular physical activity and we all enjoyed doing active games together, even the parents."



"Go4Fun will be something I will remember forever, and Chloe will too. I cannot recommend the program highly enough to any parent thinking of joining. Give it a try it could change your lives." **Sue, Port Macquarie**

"Even though we knew the nutrition and exercise information before we started, it's helped us so much. Maddie is not only healthier but so much happier, with a boost in self-esteem and confidence. She misses Go4Fun and always looks forward to catching up with the others from her group." **Rosey, Coffs Harbour**



ENROL TODAY!

Registrations for Term 1, 2019 programs are now open with limited places in Port Macquarie, Wauchope, Kempsey, South West Rocks, Camden Haven, Nambucca Heads and Coffs Harbour.

We'd love to welcome you and your child into a Go4Fun program and encourage you to secure your place.

Port Macquarie Term 1, 2019 program will run:
Wednesdays, 3.30pm to 5.30pm starting February 6th
Venue: Port Macquarie Public School

Register at Freecall 1800 780 900 or online www.go4fun.com.au

